

Range: ALPHA SELECTORISED

Name: ABDOMINAL CRUNCH

Product Code: IN-AS-010

Length	1245MM	Width	1435MM
Height	1690MM	Weight	186KG



Description

The Inspace Alpha Selectorised Abdominal Crunch effectively targets the abdominal muscles. This machine creates a safe and comfortable exercise experience allowing the core to be trained without any discomfort; the seated position creates a natural crunch movement without any restrictions. Standard weight stack starts at 100kg

0330 110 0201

sales@inspacefitness.com | [inspacefitness.com](https://www.inspacefitness.com)